



FOUR SEASONS
HEALTH CARE SOLUTIONS

Case Study - Intermediate Care

Situation:

Four Seasons Health Care set up a partnership with the Lanarkshire Health Board to provide solutions in terms of helping to reduce the length of hospital stay by offering effective rehabilitation services.

Action:

20 intermediate care beds and 15 long term care beds were contracted by Lanarkshire Health Board at Four Seasons Carrickstone House in Cumbernauld. Protocols for admission, treatment and discharge were developed and agreed with the Board. The service is consultant led and a service specification was set with all admissions being chosen by the consultant.

Patients enter the scheme at the appropriate time and receive rehabilitation during their stay – then being transferred on as soon as they are ready. A care pathway is set at the time of admission, working towards discharge.

Outcome:

Over a period of 12 months; 68 patients were admitted who would otherwise have completed their rehabilitation in hospital.

Of these, 7 returned to their own home, 2 moved to housing developments, 7 required ongoing nursing home care (in a care home of their choice), 10 were assessed as requiring residential care, 27 chose to remain in Carrickstone House Care Home, 11 were re-admitted to hospital and 4 patients died as a result of their initial problems.

The average stay for the intermediate care patients was 12 weeks.



Summary:

This case study illustrates the benefits of joint care services, in this case to Lanarkshire Health Board. Four Seasons Health Care were able to provide a solution to the Board's rehabilitation and hospital discharge requirements. A solution which was achieved by the Health Board and Four Seasons working in partnership and which ultimately has benefited the Board's patients.

For further information contact:

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