



**FOUR SEASONS**  
HEALTH CARE

### More information

Please feel free to come and visit our home at any time or contact our Home Manager who will be happy to answer any of your questions.

For further information on this and other services and for details of all of our care homes please contact us at our central office address.

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HEALTH CARE



ENJOY A SHORT STAY WITH US

RESPIRE CARE

**Caring**  
for you...

personally, practically and professionally



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## Welcome

*Whether you are caring for a loved one or you have someone who cares for you, it's probably appropriate that, occasionally, you both feel like a break. Likewise, if you need convalescence after an illness or operation it can be hard to find a place where you can receive expert care.*

### Short term respite care

At Four Seasons Health Care we go out of our way to ensure we meet individual needs, which is why we offer a range of short stay breaks at our homes, across the country.

Respite stays give home based carers the opportunity to take scheduled holidays or breaks throughout the year. Carers can relax with peace of mind knowing that their relative or patient is in a safe and homely environment with 24-hour care available.

Respite stays also build a relationship between the individual, the carer, the home and staff, that can be beneficial should a more permanent stay at the home become necessary at some point in the future.



We look after people who have varying care and social needs and, to meet these needs, we have well trained and qualified staff in all our homes. People's personal preferences are incorporated into care packages to ensure seamless continuity of care.

### Individually tailored short stay care

If you choose a short stay with us, you can look forward to a break that will be tailored around your requirements.

You will arrive at the home to be greeted by a special 'welcome pack' and have your first hairdressing appointment with our compliments. A daily newspaper of your choice will be made available to you with our compliments for the first week of your stay.

Our Home Manager will be able to talk you through every detail and arrange for you to visit the home, meet some of the carers and ask any questions that are on your mind.

Our short stay breaks offer comprehensive care which means you can expect well presented accommodation, comfortable lounge and dining room facilities and home cooked food.

In addition, we take care of all residents' laundry, plus offer other services such as chiropody, hairdressing and physiotherapy, as well as a range of activities.



### How much does it cost?

The cost will depend on the level of care needed for the individual, plus the length of stay required. The Home Manager will be able to advise you of the cost of the stay.

In all circumstances the fee will include: 24-hour care, meals, activities, hotel and laundry services. Payment is usually required in advance or at the start of your stay.



### Longer term care

If you are thinking about longer term care and want to find out what life is like in a care home before you make any decision, a week or two seeing what daily life is like could help you make up your mind. Our Home Manager will be happy to talk through longer term care options with you.

### How can you plan your stay with us?

Our Managers will be delighted to discuss availability with you. To maintain consistently high standards of care we assess the requirements and daily needs of both our long term care and short term residents. Wherever possible it is best to book in advance to ensure that we can accommodate you.