

Howdon

Care Centre



Taking Care to know you,
so everyone feels at home.



Four Seasons
HEALTH CARE

Welcome to Howdon Care Centre

“Our home is a lovely place to be with a very caring team who work together to enhance residents’ lives.”

Whether you are looking for nursing care, dementia support or simply a caring place to live, Howdon’s friendly team of nurses and care assistants make everyone feel at home.

At Howdon, our facilities are purpose built to create a warm and welcoming home for residents and visitors alike, and our comfortable, relaxed surroundings will provide you with every opportunity to enjoy each other’s company.

A perfect example of this is our lovely Dementia Café ‘Tyne Tees Pitstop’, where we encourage people from the local community to join residents and their family and friends to come and relax and enjoy some company.

For those who are able to retain some assisted independent living skills, the café facilities also provide them with the chance to make a cup of tea or help themselves to a delicious cake or sandwich.

We have both single and double en-suite rooms, allowing couples to stay together, and all rooms are a blank canvas for residents to fill with some of the special things they’ve collected during their life.



Creating a Sense of Home

We believe that feeling looked after is as much about creating a sense of home as it is about providing quality care.

We know that moving home is an emotional and challenging time at any age, but it can be even more so later in life.

That is why we listen hard to what will make the move as smooth as possible – and to what will quickly make everyone feel at home.

Our care starts with getting to know people as individuals. By talking to them and their families we build a picture of their life story and what they enjoy doing, as well as finding out more about their medical history and the kind of care they need. That individual care plan allows us to fine tune the support we offer.

The managers of our care homes are justifiably proud of the first class service we provide.

We take a team approach to care, with qualified staff members always here to ensure that the highest standards are maintained.

We have an exemplary care record, supplemented by regular internal audits and checks and reinforced by an excellent working relationship with the local GP practice.

We also believe it’s important that families have a say, too.

The significance we place on good communication between all members of the care team makes for a better experience for both residents and their relatives.

We involve families from Day One and wherever appropriate, we invite them to participate in key decisions with nurses, carers and doctors. This ensures that from the moment each resident joins us, they will enjoy joined up care.

We know how important it is that those who live in our home have delicious, nutritious food. Our chef knows our residents’ likes and dislikes and goes out of his way to create tasty food that everyone will enjoy.

Short trial stays are available at all Four Seasons Health Care homes to help you make the right decision for both you and your loved one.

Taking Care of Every Detail

Right from the start, every new resident has a key worker and an individual care plan, which enables us to fine tune the care we provide.

This means that every important detail is covered, such as personal and medical history, preferred activities and any cultural or religious considerations.

It also means that there's always someone you can talk to who knows your loved one personally, talks to them regularly and is fully familiar with every aspect of their care.

We're here to support our residents in every way we can, which is why we're so keen on protecting the confidentiality of all personal and medical information.

You'll find more details of our policy on your information and your rights on our website at www.fshc.co.uk



You care that your Dad loves keeping in touch with his family.
We care by helping him to Skype so you can talk face to face, using the latest technology.



Qualified staff ensure the **highest** standards at all times.

First Class Care

Three words underpin everything we do: dignity, respect and choice. Our residents' needs matter and we go the extra mile to ensure they are met.

Our care starts with getting to know people as individuals.

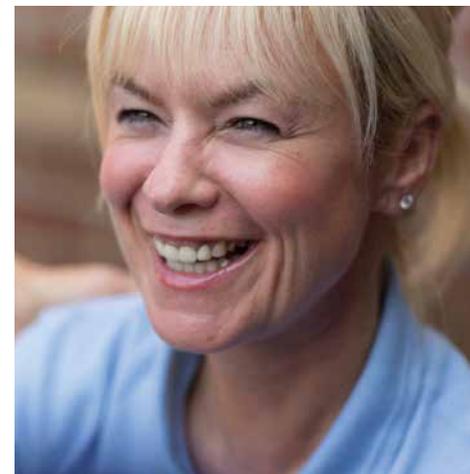
By talking to them and their families we build a picture of their life story and what they enjoy doing, as well as finding out more about their medical history and the kind of care they need.

That individual care plan allows us to fine tune the support we offer.

Our team take pride in their work and the care they provide is checked and monitored to make sure it reaches the high standard we strive for.

We also offer respite care for those who need a short break and will even let prospective residents spend a few nights with us on a trial basis to see if our home suits their needs. It's all part of the attentive service that ensures each stay with us is a happy one.

Dignity.
Respect.
Choice.



Here to Support You in Every Way

We recognise the importance of a team approach.

We want families to have a say in the care of their loved ones and involve everyone as much as possible when decisions have to be made.

We also have good links with local doctors to ensure that Four Seasons' caring approach extends beyond our doors.

Our rich and varied activities programme allows residents to choose to take part in as much or as little as they wish.

You can enjoy one-to-one pursuits with our dedicated Activity Coordinators or for those who prefer to dip in and out of our entertainment and activities, you have the freedom to pursue individual hobbies.

We often invite people from the local community to entertain our residents as part of our calendar of events.



First Class Facilities

At Howdon, we combine well equipped purpose-built facilities with a warm, homely feel.

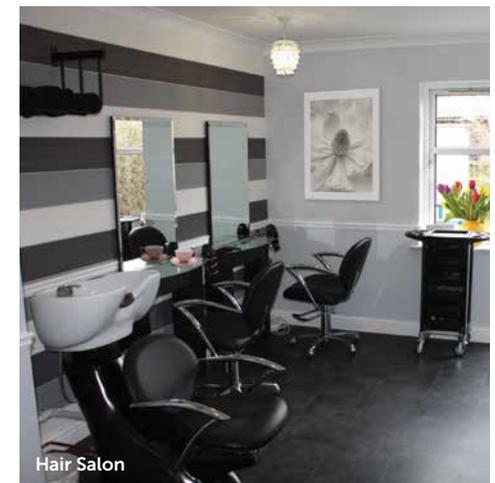
We believe that our Howdon Care Centre brings together the very best elements of the Four Seasons' philosophy, putting the health and happiness of our residents at the heart of everything we do.

As a modern, purpose-built home, our facilities are first-rate and include:

- Light airy lounges on each floor where residents can watch a favourite film, listen to music or chat with friends or family.
- Beautifully landscaped gardens – the perfect place to enjoy the fresh air on the warmer days of the year.
- A patio and sensory garden where residents can relax on benches and chairs or take a gentle, stimulating stroll.
- A hairdressing salon which is visited regularly by an experienced stylist.
- A Dementia Café which gives families and friends a lovely place to spend time together and enjoy tasty refreshments.

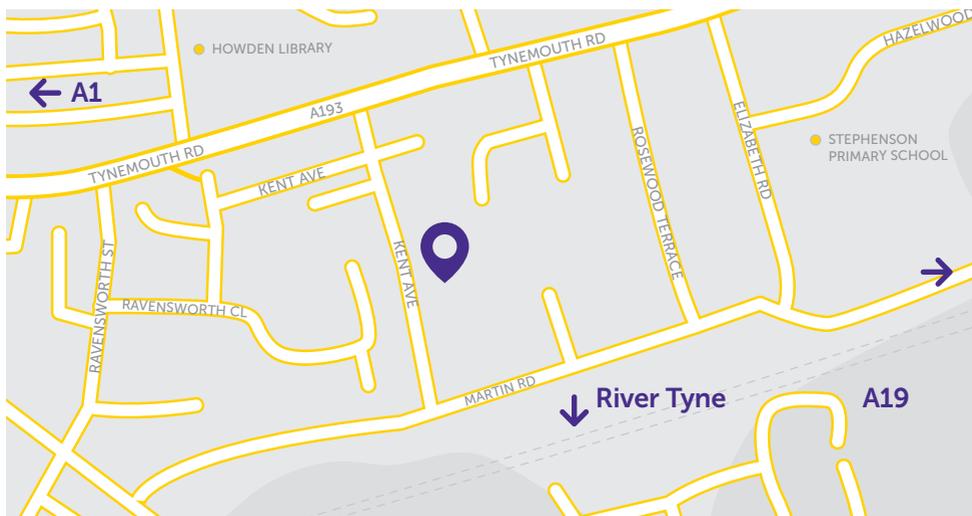
The care services we provide:

- **Nursing care**
- **Dementia care**
- **Short-stay care**
- **End of life/palliative care**
- **Care at home**



Come and see us soon.

We can be found among the residential streets of Wallsend, Newcastle-Upon-Tyne, which is between Newcastle city centre and North Shields. The shops are close by and it's easy to get around on public transport.



How To Find us:

From Newcastle (Coast Road A1058)

Leave Coast Road at North Tyneside College. Turn right onto Churchill Street and continue the full length to the traffic lights. Turn left, then first right into Kent Avenue. The home is on the right.

From the South (A19)

After travelling through the tunnel, turn left onto A108. Leave at the first slip road bearing left onto A699. Continue for approximately 1/2 mile, turn left into Kent Avenue after the GP surgery.

How to contact us:

Howdon Care Home
Kent Avenue, Howdon
Wallsend
NE28 OJE



0191 263 9436



howdon.care@fshc.co.uk



www.fshc.co.uk

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