

Astell

Care Home

Taking care to know you,
so everyone feels at home



Dedicated dementia care in a
bright and homely atmosphere



Four Seasons
HEALTH CARE

A warm welcome to Astell Care Home

What makes the resident experience at Astell Care Centre so special? We believe it's our real sense of 'family' that has kindness, friendliness and respect right at its heart.



Dementia Care Framework
Accredited

Our is a purpose-built home specialising in the 24-hour support of residents living with dementia, providing all the care their own families could wish for. We also have all-male or all-female wings for those who prefer not to live in a mixed gender setting.

Our dementia care is accredited as part of Four Seasons Dementia Care Framework.

You'll find us in the residential area of Walker in Newcastle close to local shops and amenities including transport links.


All areas of our home are fresh and cheerful with a choice of lively or quiet communal spaces where residents can relax with each other or welcome family and friends.

This brochure will tell you a little more about us.

To come and visit please give us a call on

0191 224 3677





Every day, we work to make our service even better.

Thanks to our pioneering digital technology, everyone is encouraged to record their suggestions for the kind of care they want using our very simple iPad system. Residents, families and visiting professionals such as GPs and social workers are all invited to offer their ideas to help us keep on raising our standards.

Each day people are telling us what they like, or what they feel we could do better.

All comments are received directly by our Home Manager who will take any necessary actions immediately. Rest assured, no care home provider is working harder to make every individual resident's experience special.

**Nobody listens
to residents' views
quite as closely as
we do.**





**Our team is
dedicated to
fostering a
sense of home
and belonging**



**We recruit
our team
on their
values**

Professional, practical and personal

Our team is made up of qualified naturally caring people who continue to build their skills with on-going training.

As well as providing excellent professional care, our entire team is dedicated to fostering a sense of home and of belonging. That means taking plenty of time to understand individual residents, their likes and dislikes, and

exploring all the ways we can make them happy and comfortable. It's all about giving our residents and their loved ones the confidence that we're providing the very best of care, and delivering special resident experiences every day.



Stimulation for body and mind

Our dedicated Activities Leader gently encourages residents to carry on doing the things they enjoy.

Another aspect of helping our residents to feel at home is for them to do familiar things. If they had a hobby or pastime they did before they arrived, we'll encourage them to continue it with us. Or perhaps they may like to learn something new.

The important thing is that we treat every resident as an individual. If they enjoy sharing time with others, either in our home or on an organised trip out, they're most welcome. Or, if they prefer quiet time alone, we'll respect that too.

Taking care to know you, so everyone feels at home

A woman wearing a white hairnet and a light blue apron over a white collared shirt is smiling. She is holding a round cake on a white plate. The cake is decorated with white frosting, colorful sprinkles, and several red cherry tomatoes on top. The background is a blurred kitchen or dining area.

**Mealtimes are
a highlight of
our day**

**There's nothing quite
like traditional home
cooking to give
everyone a lift.**

We always ask residents and their families about their food preferences and dietary requirements. Our chef and catering team then work with dieticians to create meals that are nutritious and tasty, using fresh seasonal ingredients. To add more variety, we also make a point of celebrating with special meals and events throughout the year.

Residents can eat in our pleasant dining rooms or, if they prefer, we're pleased to serve them their meal in the privacy of their own rooms.

All the comforts of home

Our home provides interiors and facilities that are modern, bright and welcoming. We encourage all residents to make their bedrooms feel even more cosy by adding personal touches such as cherished pictures, mementos and items of furniture.



Home baking



Snacks and fresh fruit
always available



Lift for easy access
to the first floor



Hair salon
onsite



Free Wi-fi throughout
the home



We encourage
residents to add their
own touches

The environment within our centre has been specially designed to support a resident's ability to live as independently as possible with hand rails on all floors, clear orientation signage and a sensory room.

We have a choice of television or quiet lounges, a smoking room, landscaped gardens and furnished courtyard, all perfect places to welcome friends and relatives.

We'd be delighted to show you around to experience our secure yet homely atmosphere for yourself so please arrange to pop in for a chat.

Dedicated 24-hour dementia care



All those who we care for at the centre are living with dementia. Our experienced team understand the individual challenges that our residents may face on a day-to-day basis and strive to support them to overcome these challenges in order that they can continue to enjoy all aspects of their lives.

Astell Care Home Location

You'll find us in the residential area of Walker in Newcastle close to local shops and amenities including transport links.

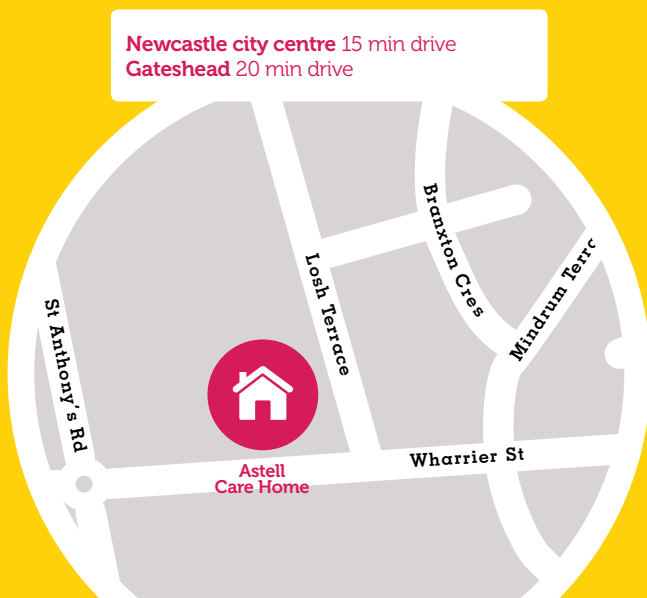


How to find us:

From the A1(M) heading North take the Gateshead turn towards Newcastle city centre. Across the Tyne Bridge turn 1st left and take 4th exit off the roundabout. Continue towards Walker on the A186. Once in Walker follow Walker Road towards Wallsend. Turn left onto Antony's Road and 2nd right onto Wharrier Street. The home is on the right.

For a more detailed map of our location please visit:

 www.fshc.co.uk



How to contact us:

 **Astell Care Centre**
Wharrier Street, Walker
Newcastle Upon Tyne
NE6 3BR

 **0191 224 3677**

 **astell.@fshc.co.uk**

 **www.fshc.co.uk**

Consistently delivering special resident experiences

This Care Home is registered and regulated by the Care Quality Commission. Thank you to residents and staff who have participated in photography. Please note that the photos in this brochure represent Four Seasons Homes in general and are not all specific to this home.



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