

Middleton Hall

Care Home

Taking care to know you,
so everyone feels at home



Friendly care in a period
country house setting



Four Seasons
HEALTH CARE

A warm welcome to Middleton Hall Care Home

What makes the resident experience at Middleton Hall so special? We believe it's our real sense of 'family' that has kindness, friendliness and respect right at its heart.



Our team provides nursing care for people with a wide range of needs including long-term medical conditions, physical disabilities and rehabilitation following an illness or accident. We also offer short respite stays to give home carers a well-earned break. In every case we're here to provide all the care each person's own family could wish for.


Middleton Hall is set in peaceful landscaped gardens within easy reach of local shops and other amenities and just fourteen miles from Edinburgh. All areas of our home are fresh and cheerful with a choice of lively or quiet communal spaces where residents can relax with each other or welcome family and friends.



This brochure will tell you a little more about us.

To come and visit please give us a call on

01506 852469



**Every day,
we work to make
our service even
better.**

Thanks to our pioneering digital technology, everyone is encouraged to record their suggestions for the kind of care they want using our very simple iPad system. Residents, families and visiting professionals such as GPs and social workers are all invited to offer their ideas to help us keep on raising our standards.

Each day people are telling us what they like, or what they feel we could do better.

All comments are received directly by our Home Manager who will take any necessary actions immediately. Rest assured, no care home provider is working harder to make every individual resident's experience special.

**Nobody listens
to residents' views
quite as closely as
we do.**





**Our team is
dedicated to
fostering a
sense of home
and belonging**



**We recruit
our team
on their
values**

Professional, practical and personal

Our team is made up of qualified naturally caring people who continue to build their skills with on-going training.

As well as providing excellent professional care, our entire team is dedicated to fostering a sense of home and of belonging. That means taking plenty of time to understand individual residents, their likes and dislikes, and

exploring all the ways we can make them happy and comfortable. It's all about giving our residents and their loved ones the confidence that we're providing the very best of care, and delivering special resident experiences every day.



Stimulation for body and mind

Our dedicated Activities Leader gently encourages residents to carry on doing the things they enjoy.

Another aspect of helping our residents to feel at home is for them to do familiar things. If they had a hobby or pastime they did before they arrived, we'll encourage them to continue it with us. Or perhaps they may like to learn something new.

The important thing is that we treat every resident as an individual. If they enjoy sharing time with others, either in our home or on an organised trip out, they're most welcome. Or, if they prefer quiet time alone, we'll respect that too.

Taking care to know you, so everyone feels at home



**Mealtimes are
a highlight of
our day**

**There's nothing quite
like traditional home
cooking to give
everyone a lift.**

We always ask residents and their families about their food preferences and dietary requirements. Our chef and catering team then work with dieticians to create meals that are nutritious and tasty, using fresh seasonal ingredients. To add more variety, we also make a point of celebrating with special meals and events throughout the year.

Residents can eat in our pleasant dining rooms or, if they prefer, we're pleased to serve them their meal in the privacy of their own rooms.

All the comforts of home

Our home provides interiors and facilities that are modern and welcoming. All bedrooms are en-suite and we encourage residents to make their rooms feel even cosier with personal touches such as cherished pictures and mementos.



Sensory Gardens



Home Baking



Hair Stylist



Fresh fruit and snacks
always available



Free Wifi



We encourage residents
to add own touches

Residents at Middleton Hall have a choice of several large communal lounges for watching TV, chatting or reading, all of which are perfect places to meet with visitors. In the warmer months people also like to get together outdoors in our large gardens with plenty of comfortable patio seating and the sights, sounds and fragrances of our sensory planting area. We'd be delighted to show you around to experience our homely, welcoming atmosphere for yourself so please arrange to pop in for a chat.

Respite care at Middleton Hall



Arranging respite care with us allows you to take your break, holiday or other absence secure in the knowledge that your loved one is being cared for in warm and friendly surroundings. It's also a great opportunity for someone who's considering long-term care to get to know our home and the team through a trial stay.

Middleton Hall Care Home Location

Middleton Hall is set in peaceful landscaped gardens within easy reach of local shops and other amenities and just fourteen miles from Edinburgh.



How to find us:

Middleton Hall Care Home is easily reached from the M8. There is parking for visitors available. A regular bus service stops nearby and the train station is only a short distance away.

For a more detailed map of our location please visit:

 www.fshc.co.uk



How to contact us:

 Middleton Hall Care Home,
Heritage House,
68 Middleton Ave,
Uphall, EH52 5DQ

 01506 852469

 middleton.hall@fshc.co.uk

 www.fshc.co.uk

Consistently delivering special resident experiences

This Care Home is registered and regulated by the Care Inspectorate. Thank you to residents and staff who have participated in photography. Please note that the photos in this brochure represent Four Seasons Homes in general and are not all specific to this home.



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