

The Peter Gidney Neurological Centre



Specialist centre providing long term care for adults with brain injury and neurological conditions.



Four Seasons
HEALTH CARE

Welcome to the Peter Gidney Neurological Centre

This purpose built centre is designed to care for adults with brain injury and neurological conditions including, but not limited to: **Acquired Brain Injury, Huntington's Disease, Multiple Sclerosis, Motor Neurone Disease, Spinal Injury and patients requiring Tracheostomy Care, Enteral Feeding and Supra-pubic catheters.**

We believe that coupling formal therapy with meaningful and enjoyable activities and real world experience is an essential part of the rehabilitation process. Every interaction we have with our patients is an opportunity to develop independence, protect dignity and show respect and compassion.

It is our aim to ensure that people receive the best possible support to access our service at the most suitable time, and feel appropriately supported in their journey towards more independence.



Personalised care for every patient

Our person-centred approach to care planning is a key element in the daily life at our centre. The assessing and planning of care is designed around an individual's specific requirements and personal capabilities to ensure better outcomes are achieved. Care plans are created with individuals, listening to what is important to them and their families and setting up joint goals that will be reviewed on a monthly basis.

Families are a significant and vital aspect of care planning and will be included in all on-going decisions in a patient's care. Throughout their stay with us, our patients are encouraged to make individual choices about all aspects of life at the Centre and to be as independent as possible.

Our Services

Complex Disability Management

This service is designed to care for individuals who have complex problems associated with either a brain injury or other neurological conditions and who are unable to be cared for at home due to the severity or complexity of their condition.

Individuals requiring this type of service may often require high and specialist levels of nursing care in order to maintain their general health and to prevent any other complications from arising. The focus of this service is on increasing participation in everyday activities, wherever possible, and encouraging autonomy for the individual despite mobility and other physical or cognitive restrictions.

Neuropalliative Care

This service is for individuals who require specialist care and symptom management to improve their quality of life and to relieve distress during the later stages of a progressive neurological condition or profound disability.

As a condition progresses, individuals may become increasingly reliant on specialist nursing interventions and medical management such as tracheotomy care, oxygen therapy, feeding regimes, medication reviews and physiotherapy to prevent complications.

Respite Care

This service is available to individuals with a neurological condition who may be either cared for at home or in a supported living environment, but who may require, from time-to-time, a short stay within a specialist centre.

The respite programme provides planned short-term and time limited breaks for families or other unpaid carers as well as providing an



Long term stays and short term breaks available

Our specialist team

The care team is led by the Centre Manager supported by experienced and qualified nurses and a wider Multi-Disciplinary Therapy (MDT) Team including physiotherapists and rehabilitation support workers to provide an excellent standard of care 24 hours a day.



Support workers

Our Carers have time to spend with each person – providing not just everyday care but also companionship and emotional support.



GP and community resources

Patients are registered locally with a General Practitioner and are able access community resources such as dentist, opticians and chiropody as appropriate.



Physiotherapist

For those patients who need a programme of rehabilitation and reablement our team of Physiotherapists and Therapy Assistants are there to support and build confidence.



Multi-Disciplinary Therapy Team

Each aspect of care is discussed and agreed with the care teams. We also work closely with members of community based multi-disciplinary teams to ensure the patients access the relevant agencies and treatment programmes, to meet their changing health needs.



Nursing

Our team of dedicated and experienced nurses will provide clinical support.



All our team members are selected for their skill, professionalism and integrity and personal qualities of kindness and friendliness.

The service is supported with enhanced GP input and other healthcare specialists as required.

Conditions Neurological Physiotherapy can help

- Stroke (CVA)
- Huntingtons Disease
- Motor Neurone Disease
- Head Injury
- Muscular Dystrophy
- Cerebral Palsy
- Multiple Sclerosis
- Parkinsons Disease
- Other Neurological conditions



Neurological Physiotherapy

Peter Gidney works in partnership with Neurological Physiotherapy – a branch of physiotherapy that specialises in the treatment and management of people who have a neurological condition resulting from damage to their brain, spinal cord or nerves.

All the comforts of home

All areas of our 35 bedded centre are comfortable and friendly, and patients have a choice of sociable or quiet communal spaces to relax with each other or welcome family and friends. Every patient room is en-suite and can be made to feel even cosier with personal items.

At Peter Gidney we work hard to listen and find out what is important to you during your stay and if we can support you in any way. It may be as simple as asking someone to check on something or someone at home or arranging transport for a relative to visit. Whatever it is we will always try and put your mind at rest during your recovery.



Grounds and Garden

With amazing views over a rural landscape, everyone is encouraged to enjoy the lovely grounds, gardens and outside spaces.

Lounges

There are large and comfortable communal living spaces with flat screen television, WiFi and DVD player.



Meal-times and menu choices

Meal-times at Peter Gidney and a great opportunity to socialise. We encourage all patients to go to the dining room for all meals unless they unable to do so due to their condition or choice.

Our Chefs take pride in the variety of delicious menu ideas using fresh, nutritious ingredients and of course we are happy to accommodate any special dietary needs.



Social

There is something fun and stimulating for everyone to enjoy each day. Our range of activities and events at Peter Gidney is designed for all interests and abilities to encourage people to stay active and involved. There is also a mini bus available for trips and appointments.

Our services

Laundry

A laundry service can be provided but if possible, we would ask all relatives to take patient's laundry home unless it is exceptional circumstances.

Personal monies

Whilst we cannot accept responsibility for resident personal finances, in some circumstances we are able to hold small amounts of personal monies on behalf of residents to meet their immediate needs if requested.



Useful information

No Smoking Policy

We have a clear No Smoking Policy in the building.

Complaints Policy

A copy of our Complaints Policy is displayed on notice boards throughout the centre and can be obtained from the Admin office.

Alternatively you can visit www.fshc.co.uk

The Peter Gidney Neurological Centre - How to find us



Location:

Set in extensive grounds, surrounded by a beautiful rural landscape with patio areas, and ample parking for visitors Peter Gidney is located in the village of Darenth in North Kent.

The vibrant town of Dartford with its numerous amenities, shops, restaurants and leisure facilities is only 3 miles away.

Close by are Darenth Country Park, Ladies Wood and The Darenth Fishing Lakes. The Orchard Theatre. Bluewater shopping Complex and Brands Hatch are also near by.

There are good transport links by road (within 3 miles of A2, 4 miles from the M20 and 3 miles of the M25 motorway), rail (Dartford station close by) and air (Gatwick International Airport 35 miles away)

Gatwick International Airport 35 miles
M20 4 miles
M25 3 miles



How to contact us:



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